

# IMMEDIATE POSTPARTUM WARNINGS

<p><b>CALL 9-1-1 IF YOU HAVE</b></p>	<ul style="list-style-type: none"><li>• Pain in your chest.</li><li>• Heart palpitations with pain or unusual swelling.</li><li>• Unable to take a deep breath.</li><li>• Seizures</li><li>• Uncontrollable vaginal bleeding.</li></ul>
<p><b>CALL MIDWIFE IF YOU HAVE</b></p>	<ul style="list-style-type: none"><li>• Heart palpitations.</li><li>• If you soak 2 pads in ONE hour.</li><li>• If you have consistently large blood clots.</li><li>• If you CANNOT urinate.</li><li>• If you have not had a bowel movement within 72 hours.</li><li>• Red or swollen area in your leg (especially your calf) that is warm &amp;/or painful to touch. (DO NOT RUB IT!)</li><li>• Temperature &gt;100.4 degrees</li><li>• Headache that does not get better with Tylenol or Ibuprofen.</li><li>• Unexplained persistent, worsening swelling.</li><li>• Foul smelling vaginal discharge.</li><li>• Tender or painful abdomen.</li><li>• If something just feels "off" and you are worried.</li></ul>
<p><b>CALL 9-1-1 IF YOUR BABY HAS</b></p>	<ul style="list-style-type: none"><li>• Stops breathing or having difficulty breathing.</li><li>• If your baby's lips, area around mouth, or trunk is dusky/purple.</li><li>• If your baby appears to have trouble breathing.</li></ul>
<p><b>CALL 9-1-1 IF YOU HAVE</b></p>	<ul style="list-style-type: none"><li>• Jaundice BEFORE 24 HOURS OLD</li><li>• Cord stump is infected and has turned the surrounding skin red and/or has puss.</li><li>• Baby has a fever of &gt;100.4.</li><li>• Baby cannot maintain temperature and is &lt;97.0 temporal.</li><li>• Lethargic and refuses to wake.</li><li>• Penile hemorrhage after circumcision.</li></ul>
<p><b>CALL YOUR MIDWIFE</b></p>	<ul style="list-style-type: none"><li>• Cord stump becomes smelly without signs of infection.</li><li>• Not nursing well.</li><li>• Baby is breathing &gt;60 times a minute for an extended time.</li><li>• Report a decrease in wet diapers.</li><li>• If baby does not pass meconium within 24 hours of birth.</li><li>• If you are uncertain if something is normal or not.</li></ul>

## Maternal post-birth warning signs that are emergent 9-1-1 calls...

- Pain in your chest, obstructed breathing, or shortness of breath (trouble catching your breath) may mean you have a blood clot in your lung or a heart problem.
- Headache (very painful), vision changes, and pain in the upper right area of your belly may mean you have high blood pressure or postpartum preeclampsia.
- Seizures may be a sign that a mother is suffering postpartum Eclampsia and having a life-threatening eclamptic episode.
- Bleeding (heavy), soaking more than two pads in an hour, or passing an egg-sized clot or bigger may mean you have an obstetric hemorrhage.
- Redness, swelling, warmth, or pain in the calf area of your leg may mean you have a blood clot.
- Temperature of 100.4°F or higher, bad-smelling vaginal blood, or discharge may mean you have a uterine infection.

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