

## *Immediate Postpartum Warnings*

<b>Call 9-1-1</b> IF YOU HAVE	<ul style="list-style-type: none"> <li>Pain in your chest</li> <li>Heart palpitations with pain or unusual swelling</li> <li>Obstructed Breathing: Inability to catch a deep breath</li> <li>Seizures</li> <li>Late hemorrhage: uncontrolled vaginal bleeding</li> </ul>
<b>Call Midwife</b> IF YOU HAVE	<ul style="list-style-type: none"> <li>Heart Palpitations</li> <li>If you soak an overnight pad in 1 hour or less.</li> <li>If you have consistent large blood clots</li> <li>If you CANNOT urinate</li> <li>If you have not had a bowel movement within 72 hours</li> <li>Red or swollen area in your leg (especially your calf) that is warm &amp;/or painful to touch(DO NOT RUB IT!)</li> <li>Temperature &gt;100.4 degrees</li> <li>Headache that does not get better with Tylenol or Ibuprofen</li> <li>Unexplained persistent, worsening swelling.</li> <li>Foul smelling vaginal discharge</li> <li>Tender or painful abdomen</li> <li>If something just feels "off" and you are worried</li> </ul>
<b>Call 9-1-1</b> IF YOUR BABY	<ul style="list-style-type: none"> <li>Stops breathing or turns blue (other than hands and feet)</li> <li>Is having difficulty breathing (Respiratory Distress)</li> </ul>
<b>Call Your Pediatrician</b>	<ul style="list-style-type: none"> <li>Jaundice BEFORE 24 HOURS OLD</li> <li>Cord stump is infected and has turned the surrounding skin red &amp;/or has puss</li> <li>Baby has a fever of &gt;100.4</li> <li>Baby cannot maintain temperature and is &lt;97.0 temporal</li> <li>Lethargic and refuses to wake</li> <li>Penile hemorrhage after circumcision</li> </ul>
<b>Call Your Midwife</b>	<ul style="list-style-type: none"> <li>Cord stump becomes smelly without signs of infection</li> <li>Not nursing well</li> <li>Baby is breathing &gt;60 times a minute for an extended time</li> <li>Report a decrease in wet diapers</li> <li>If baby does not pass meconium within 24 hours of birth</li> <li>If you are uncertain if something is normal or not</li> </ul>

### Maternal post-birth warning signs that are emergent 9-1-1 calls....

- Pain in chest, obstructed breathing, or shortness of breath (trouble catching your breath), may mean you have a bloodclot in your lung or a heart problem
- Headache (very painful), vision changes, pain in the upper right area of your belly, may mean you have high bloodpressure or post birth preeclampsia
- Seizures may be a sign that a mother is suffering postpartum Eclampsia and having a life threatening eclamptic episode.
- Bleeding (heavy), soaking more than one pad in an hour or passing an egg-sized clot or bigger may mean you have an obstetric hemorrhage
- Redness, swelling, warmth, or pain in the calf area of your leg may mean you have a blood clot
- Temperature of 100.4°F or higher, bad smelling vaginal blood or discharge may mean you have an infection

Children's Medical Center - Dallas  1935 Medical District Drive Dallas, TX 75235 844-424-4537	Medical City Children's  7777 Forest Lane Dallas, TX 75230 972-566-7000	Cooks Children's Center-FW  801 7 <sup>th</sup> Avenue Fort Worth, TX 76104 682-885-4000	Cooks Children's Center-Prosper  4300 University Dr. Prosper, TX 75078 682-303-8000	Children's Medical Center-Plano  7601 Preston Rd Plano, TX 75024 469-303-7000
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